Night Hike

This is a great activity to do around the Winter Solstice, when it gets dark early. You can also do this as an all-section meeting, since the activity is appropriate for a wide variety of ages. Night hikes are also a great activity for campouts.

Some ideas for night hikes:

- Use your headlamps/flashlights as little as possible to let your eyes adjust
- Use your other senses: hearing, touch, smell
- Think about how the forest is different at night from how it is during the day
- If you're in an open area, make it a stargazing hike

Items Needed:

- Remind scouts to bring headlamps or flashlights

otter, timberwolf, pathfinder, rover, blue paw, outdoor activity

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