

# Night Hike

This is a great activity to do around the Winter Solstice, when it gets dark early. You can also do this as an all-section meeting, since the activity is appropriate for a wide variety of ages. You can start your hike at 5 pm and be done by 6:30 or so.

- Discuss Night Hiking and what you're going to be doing.
  - Using your headlamps/flashlights as little as possible to let your eyes adjust
  - Using your other senses: hearing, touch, smell
  - How is the forest different at night from how it is during the day?

## Items Needed:

- Remind scouts to bring headlamps or flashlights

[otter](#), [timberwolf](#), [pathfinder](#), [rover](#), [outdoor activity](#)

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