

Otter Olympics

The values of the olympics are excellence, respect, and friendship. These values are echoed in scout law. Doing an olympics themed meeting is a great way to get the otters moving and thinking about fair play.

- Opening Ceremony
- Ice Breaker Game
- Talk about games and being a good winner/loser
 - How does it feel when you win a game?
 - How about when you lose a game?
 - Different people are good at different types of games/activities, how can we make everyone feel welcome when we are playing games together?
- Play a sports game
 - This could be as simple as kicking a soccer ball around, or something more elaborate. You could also try a sport from another culture.
- Story and Snack Time
 - Read a story about competition or the olympic games.
- Olympics themed obstacle course
 - The ancient olympic pentathlon involved discus, long jump, javelin, running, and wrestling. You can turn this into a kids obstacle course by tossing a frisbee, jumping, throwing a pool noodle at a target, running, then finishing with a hug to a stuffed animal (or tackling a kids inflatable bopper if you have one available)
 - You can also do any types of physical activities for this—use your imagination!
 - Another idea is using existing play equipment and letting the kids design their own obstacle courses on the playground.
- Discuss inclusivity in games
 - Introduce the idea of the paralympics, designed for athletes who have physical disabilities, or the special olympics, designed for athletes who have intellectual disabilities
 - What are some ways we could have modified our activities today for kids who needed it?
 - You could read [William the One Winged Dragon](#) from the Paralympic school curriculum
- Closing Ceremony

Items Needed:

- Materials for sports and obstacle course
- Book for story time

Badge Requirements Covered:

Blue Activity Paw

[otter](#), [good winner and loser](#), [sports game](#), [obstacle course](#), [physical fitness](#), [include everyone](#)

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